



Randallstown Track Club  
<http://www.randallstowntrackclub.org/>  
Chair & Head Coach Felix Rogers  
3700 Live Oak Road  
Randallstown, MD. 21133-2424  
e-mail: [Felix.Rogers@Verizon.net](mailto:Felix.Rogers@Verizon.net)  
(410) 655-2270



---

### Meets:

Most of the Indoor Meets are on Sundays, with a few on Saturday. There are three main sites for the meet locations. These sites are listed below, and directions to these sites, with the meet flyers, will be given out at practice.

1. Fifth Regiment Armory Baltimore, MD.
2. Prince Georges' County Sports Complex Landover, MD.
3. Randallstown Community Center Randallstown, MD.

The meets at the Randallstown Community Center will start at 8:00 AM and usually be over by 11:30 AM. All of the other meets are usually all day long, where the length of the meet depends on the number of entries, and cannot be known before the meet.

For the meets at the 5th Regiment Armory, and the Randallstown Community Center, the team will meet at that site, at the time shown on the Schedule. For all other meets, the team will meet in the parking lot of the Randallstown Community Center, and leave as a group at the time shown on the schedule.

Most of the competitions have day-of-the-meet registration. Several Meets near the end of the season are pre-registration. These pre-registration meets have entry deadlines, and if you do not have your fees and forms in to the coach on time, you will not be in the meet. Note that part of all forms is having a birth record on file with the club.

This year the PVA 14 & Under Invitational and PVA Youth Invitational are held at the Prince Georges' County Sports Complex. We will compete in these meets. The AAU Indoor National will also be held at the site. Everyone who competes in the AAU meet will be require to have membership the AAU.

Each athlete will be given a Tee-Shirt and Shorts to be worn at the meets. During the Indoor season, all must ware running shoes (any), but no spikes.

### Practice:

Practice is held on Tuesdays & Thursdays at the Randallstown Community Center, from 6:00 PM to 8:00 PM. You must be at practice to compete in the meets. If you are going to have a prolong absence, please let the coaches know in advance if possible.

Please *do not* ask your kids to meet you in the car after practice. They are not allowed to leave until you come in and get them. Please work with us on this, because it is for your child's safety. Please leave the car, and come to get your kids.

If there is a school snow or bad weather day declared on a practice day, then there will be no practice that day. Please monitor the news for these bad weather days, when the schools are closed.

Coach Rogers